

Suicide Prevention

It's Every Body's Business!

WE NEED
YOU!



'UCAN2!'

Somewhere over the rainbow

Giving us **Hope**,
Dreams and Happiness.

*"Somewhere over the rainbow, way up high
In the land that I heard of once, once in a lullaby,
Somewhere over the rainbow, skies are blue
And the dreams that U dare to dream, really do come true!

Someday I'll wish upon a star and wake up
Where the clouds are far – behind me,
Where troubles melt like lemon drops,
Away above the chimney tops, that's where you'll find me..."

Jeff Kennett once told me '**There is no life without hope**'.*

*This song, written in 1938 for the Wizard of Oz, is ranked '*Greatest Movie song of all time*'. I recently found restored footage on YouTube of Eva Cassidy's stunning 1996 rendition. Sadly she'd had a *Melanoma removed in 1994, but too late. On Nov 2, 1996, this beautiful, soul-filled, gifted woman died. Aged 33!

While Eva had one ***tap on the shoulder**', I've had two. So far! My own *Malignant Melanoma removed in 2009, and a competition squash-induced Heart Attack* in 2013. Outcome all good, back on court quietly.

Just to show U can take a huge positive out of two huge negatives, these events made me realise how very attached I am to being alive, and just how beautiful life can be. But they also awakened a dream and a very great passion for keeping others alive and healthy too.

If I can make **my** dreams come true, **U CAN 2!**

"If happy little bluebirds fly,
Above the rainbow – why – oh why can't I?"

**** Have UR Health Checks ****



Live UR dreams!



tim barritt x

***Emergency 000. Any Doctor. Lifeline 13 11 14. Suicide Callback 1300 659 467.**

Thanks to all the 'beautiful' Echo crew. You've made me feel so welcome in UR place!