

WE NEED
YOU!



Suicide Prevention

It's Every Body's Business!

'Give peace a chance!'

Do U have a WAR Raging - In UR life???

In 1971 John Lennon & The Plastic Ono Band released 'War is Over!', backed by the Harlem Children's Choir singing '*War is over if you want it*' in chorus.

Originally written as a protest song against the Vietnam War, it's since become a Christmas standard, particularly after John's violent death (1980).

*So this is Christmas
And what have we done
Another year over
A new one just begun
And so this is Christmas
I hope you have fun
The near and the dear one
The old and the young*

*A very merry Christmas
And a happy new year
Let's hope it's a good one
Without any fear!*

As Australia has just 'celebrated' 100 years since the start of the **War to end all Wars**, so many places around our beautiful planet are STILL filled with violent, cruel, religious, ethnic and gender conflict!

This column is a '*certified non violent zone*', which includes ANY type of physical/emotional violence - including Suicide, and ANY violence against women and children. Sadly, it can't change 'the world'! But it **CAN make a difference** to what happens in our very own Beautiful Barossa ...

So if U have a WAR Raging ... In UR life, head or heart ...

Reach 4 UR phone ... NOT a rope, gun or piece of hose!

- **Urgent? Emergency 000.** Or ANY Doctor - but preferably UR own!
- **S.A. 24/7 Mental Health Triage 131465.** Lifeline 131114.
- **Suicide call back line 1300 659 467.** Men's Helpline 1300 789 978.
- **Domestic Violence 24/7 1800RESPECT.** Kid's Helpline 1800 55 1800.

😊 **UR WAR CAN BE OVER!** 😊

Reach 4 UR phone and ...

Give peace - a chance!

tim barritt xxx

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