

Suicide Prevention

It's Every Body's Business!'Yes WE CAN!'2012 Suicide Rate now up to 7 people /day. Can we reduce this?

Yes WE CAN!

*beyondblue CEO Kate Carnell AO has expressed her deepest concerns after Australian Bureau of Statistics figures released today (*beyondblue media release 25.3.14) show suicide was the leading cause of death for Australians aged between 15 and 44 in 2012. The figures, which are preliminary, show 2,535 deaths have so far been recorded as suicide in 2012. This is equivalent to around seven per day or 37 men and 12 women each week, making suicide the 14th most common cause of death in the country. Ms Carnell said the figures represent a national tragedy and should act as a call to action for all Australians to tackle the issue of suicide.*

Ms Carnell's 'call to arms' should more appropriately be directed to every Australian Politician of whatever political persausion, and to those public servants and professional people who are, or should be, responsible for delivering Suicide Prevention into our community. How can we possibly expect this emotional road carnage to fall when our M.P.s spend billions on infrastructure while starving health systems for funds and doing nothing I'm aware of to advertise 'Whole of Community' Suicide Prevention?

Fortunately <u>our</u> Community is so very blessed with heartfelt, astute, caring and emotionally savvy people like my 2 current Barossa sponsors, AND the <u>most 'beautiful Aussie Female'</u> who recently handed me an envelope with \$1000 in it - towards my ads now also running weekly in the Stock Journal.

This column spends little time complaining, sensationalising or 'talking up' just how bad this Suicide situation is. It just quietly gets on with the important business of saving precious lives by highlighting the many issues which cause it, and what to do about them! Most importantly reaching out for help when you need to - and actively offering your love, help and support if you see someone in trouble.

So if <u>YOU</u> look after <u>YOU</u> by reaching out for professional help/help lines and using UR friends when you are in trouble, and proactively looking out for every one around you. Can WE reduce Suicides???



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