

Suicide Prevention

It's Every Body's Business!

'UCAN2!'

Somewhere over the rainbow

Giving us Hope, Dreams and Happiness.

*"Somewhere over the rainbow, way up high In the land that I heard of once, once in a lullaby, Somewhere over the rainbow, skys are blue And the dreams that U dare 2 dream, really do come true!

Someday I'll wish upon a star and wake up Where the clouds are far - behind me, Where troubles melt like lemon drops, Away above the chimney tops, that's where you'll find me..."

Jeff Kennett once told me 'There is no life without hope.'*

*This song, written in 1938 for the *Wizard of Oz*, is ranked <u>'Greatest Movie</u> <u>song of all time'</u>. I recently found restored footage on You Tube of Eva Cassidy's stunning 1996 rendition at the Blues Alley jazz supper club in Georgetown USA. Sadly she'd had a *Melanoma removed in 1994, but too late. On Nov 2, 1996, this beautiful, soul filled, gifted woman died. Age 33!

While Eva had one *'tap on the shoulder', I've had two. So far! My own *Malignant Melanoma removed 2009, and my competition squash induced Heart Attack* in 2013. Outcome all good, back on court but more quietly.

Just to show U can take a huge positive out of two huge negatives, these events made me realise how very attached I am to being alive, and just how beautiful life can be. But they also awakened a dream and a very great passion for keeping others alive and healthy too.

If I can make my dreams come true, U CAN 2!

'If happy little bluebirds fly, Above the rainbow - why - oh why can't I?'

Have UR Health Checks

🙂 Live UR dreams! 🙂

tim barritt x *Emergency 000, Any Doctor, Lifeline 131114, Suicide Callback 1300659467. Written by Tim Barritt. Funded by a caring Barossa Sponsor.