

Suicide Prevention

It's Every Body's Business! 'KidsHelp1800551800'

When home is where the hurt is!

"Late last night I heard the screen door slam, And a big yellow taxi took away my old man!"



*Joni Mitchell, 'Big Yellow Taxi', 1970.

In an IDEAL world, every home should be a place of happiness, security and safety for each and every person in it. ALL of the time!

In the REAL world, sadly this is not always the case. Many Suicides* happen because 'things' are not right at home. Someone may have died or left, have a Mental Health, gambling, drug or alcohol issue or addiction. There may be Domestic Violence*, relationship break down/separation, loss of home/access to children re Family Law etc, sex abuse - this list is endless!

So if the safe, secure, happy home of UR heart has become the home of UR fear and/or UR hurt, reach out for help! Children*, including teenagers are particularly vulnerable to sex abuse, they can so easily be overpowered, physically and emotionally. Remember, if UR committing ANY violence** to ANYONE there is **NEVER**** any excuse for violent behaviour!

Every fridge in EVERY Aussie home should display these numbers for adults AND children* to see and use! They may save UR life, or someone else's! *URGENT? Emergency 000. SAPOL 131 444. All numbers are 24/7. Any Doctor or Mental Health Professional. *D.V. 1800RESPECT. *Suicide Callback Line 1300 659 467. Lifeline 13 11 14 **Kids Help Line 1800 55 1800. **MensLine 1300 789 978.



Written by Tim Barritt. Funded by a caring Barossa Sponsor.