

WE NEED
YOU!



Suicide Prevention

It's Every Body's Business!

"It's NOT rocket science"

hands

holding hands

keep precious hearts

together - closely beating

and with more *flesh* - than we've ever seen

just as close as our nearest screen

hands - holding hands

stops roving eyes - from ever cheating

and if my own story

was ever to be truly told

I always took *holding hands* for granted

until that day - my Love went away

and I was left without

a single, loving, caring hand to hold

the truth of this matter

to me then - it did unfold

no one should ever - have to live or die

without a single, loving - caring

hand to hold

hands - holding hands

is just the very purest

purest - loving gold

They say there are only four things Humans need to survive and reproduce.

Food, water, shelter and sex. But **THEY, FORGOT ABOUT HOLDING HANDS!**

Everyone who is having a '*hard time*' - including our FELLAS - needs a loving, caring '*hand to hold*'! There are plenty of safe, non sexual, non suggestive

ways to *hold someone's hand* - like dropping in to a mate's place with a beer and a pizza, texting 'RU O.K.', including them in your own family, social and sporting activities, letting them know you can '*be there*' for them 24/7!

NO ONE SHOULD EVER - NEVER - HAVE TO HURT - ALONE!

😊 **We need YOU. To pick up your phone! It's just NOT rocket science!** 😊

This 'private' advert promoting general Suicide awareness, written and paid for by Tim Barritt is **NOT A SUBSTITUTE FOR PROFESSIONAL HELP - OR HELP LINES.** If you or someone you know is feeling Suicidal, the first *port of call* should **URGENTLY** be a Doctor or Emergency 000, Lifeline 131114, Suicide *call back* Line 1300659467.