

WE NEED  
**YOU!**



# Suicide Prevention

It's Every Body's Business! I'm your Angel Undercover!

***"I'm a bitch, I'm a lover!"\****

*\*Lyrics by Meredith Brooks – as sung by Alanis Morissette - Courtesy YOUTUBE.*

*"I hate the world today, you're so good to me I know, but I can't change  
tried to tell you - but you look at me like maybe, I'm an angel underneath!  
so innocent and sweet!!*

*yesterday I cried, you must've been relieved - to see the softer side -  
I can understand how you'd be so confused  
I don't envy you - ***I'm a little bit of everything - all rolled into one!****

*I'm a bitch, I'm a lover, I'm a child, I'm a mother  
I'm a sinner, I'm a saint, I do not feel ashamed  
I'm your hell, I'm your dream, I'm nothing in between  
You know you wouldn't want it any other way -  
I'm a bitch, I'm a tease, I'm a goddess on my knees  
***when you hurt, when you suffer I'm your angel undercover***  
I've been numbed, I'm revived, can't say I'm not alive  
You know I wouldn't want it ANY other way!"\**

Underneath this raunchy, unabashed, unashamedly *in your face* Female Extreme Anthem – is a woman who not only knows and accepts *'who she is'* – but is also loving, caring, sensitive and respectful towards her Fella!

Accepting who we are as people, *the good, the 'bad' and the 'ugly'*, is very important in Suicide Prevention as many of us - for all sorts of different reasons **become trapped into thinking we have to be 'perfect people' ALL the time – and/or that we are doing or have done something very 'BAD'!** I ALWAYS, ALWAYS gave myself a very hard time because I was not – well, PERFECT! Until the penny finally dropped, I realised we're ALL...

***"A little bit of everything - all rolled into one!"***

**Don't YOU 'fall for the trap' of thinking that YOU or YOUR behaviour has been so 'BAD' – and the only way YOU can 'put things right' – is to kill yourself, when in reality – YOU have just been HUMAN!!**

It took me 60 very long years to get this Life Saving message! YOU can get it here - in 2 minutes!! YOU'RE NOT ALONE! And remember that **YOU - can also be someone else's Life Saving 'ANGEL UNDERCOVER!'**

😊 **Reach out!** Pick up your phone! It's just **NOT** rocket science! 😊

This 'private' advert promoting general Suicide awareness, written and paid for by Tim Barritt is **NOT A SUBSTITUTE FOR PROFESSIONAL HELP - OR HELP LINES.** If you or someone you know is feeling Suicidal, the first *port of call* should **URGENTLY** be a Doctor or Emergency 000. Lifeline 131114. Suicide *call back* Line 1300659467.