

WE NEED  
**YOU!**



# Suicide Prevention

**It's Every Body's Business!**

**"VOTE 1 - 😊 !"**

***hang onto a little smile - inside your heart!***

*my 'Sunshine Man' takes - and sends me - beautiful photo's of our Sunrises*

**if you're feeling a little *shady***

**life's just lost its bloom**

**happiness has deserted you**

**been replaced with gloom**

*my Sunshine Man he helps me*

*give each day a sunny start - he says*

*"no matter how bad things may get*

*hang onto a little smile - inside your heart!"*

**maybe someone's died or left you**

**with only loneliness - for a friend**

**or something has gone very wrong**

**sadness is singing its lonesome song**

**you think your life would be better**

**coming to an end!**

**or something else *inside you***

**is tearing you apart**

*"you'll never come to any harm if you*

*hang onto a little smile - inside your heart!"*

*my Sunshine Man is connected with*

*a direct line to the Sun*

*this little tip he gave me*

*i share with everyone*

***"we all have gloomy, rainy days***

***but if you keep some Sunshine***

***in your heart always***

***you'll see that rainbow start -***

***your 'forecast' will be***

***'very soon becoming fine!'***

***if you hang onto a little Sunshine -***

***smiling - inside your heart!"***

This 'private' advert promoting general Suicide awareness, written and paid for by Tim Barritt is **NOT A SUBSTITUTE FOR PROFESSIONAL HELP - OR HELP LINES.** If you or someone you know is feeling Suicidal, the first *port of call* should **URGENTLY** be a Doctor or Emergency 000, Lifeline 131114, Suicide *call back* Line 1300659467.