

WE NEED
YOU!



*"When I was younger,
Much younger than today,
I never needed anybody's
Help* in any way!
But now these days are gone
I'm not so self assured, Now
I find, I've changed my mind,
And opened up the door,*

HELP* me if U CAN, I'm feeling down**

RU Feeling Suicidal?

😊 UNEVER have 2hurt alone! 😊

***Emergency 000. Any Doctor. Lifeline 13 11 14.**

Written by Tim Barritt. Funded by a caring Barossa Sponsor.