

WE NEED
YOU!



Feeling Suicidal?

Have U got negative 'stuff' in
UR head? Feeling **worthless,**
hopeless, useless, guilty,
shameful, obsessional,
unloveable, unwanted, etc.??

End UR PAIN - Not UR LIFE!

If in doubt - check it out! ANY Doctor or
Mental Health Professional!



Uneverhave2hurtalone!



***Emergency 000. Any Doctor. Lifeline 13 11 14.**

Written by Tim Barritt. Funded by a caring Barossa Sponsor.