

WE NEED
YOU!



TRAUMA can KILL!

If UR Returned Services,
Police, CFS, Ambos etc, or
anyone who's experienced
trauma, like bulk loss/grief,
accidents, domestic or other
violence, rape or sex attack...

**Don't let TRAUMA make U
unhappy, depressed or *Suicidal!**

See a Mental Health Professional ASAP!

😊 Uneverhave2hurtalone! 😊

***Emergency 000. Any Doctor*. Lifeline 131114*.**

Written by Tim Barritt. Funded by a caring Barossa Sponsor.