

WE NEED  
**YOU!**



## Feeling Suicidal?

*'Many people  
who become suicidal do not  
have a mental illness. An  
acute situational crisis can  
lead to suicidal behaviour.'*\*  
*beyondblue\**

**Pick up UR Phone!**

😊 **U never have to hurt alone** 😊

**Emergency 000. Any Doctor. Lifeline 131114.**

Written by Tim Barritt. Funded by a caring Barossa Sponsor.  
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