

WE NEED
YOU! Feeling Suicidal?



STIGMA CAN KILL U!
*Don't let the fear
of STIGMA,
Stand in the way -
Of getting the help* U need.*

Stay alive!

Take the 'STIG' out of STIGMA,

*Pick up UR Phone!**

😊 **UNEVER**have**2hurtalone!** 😊

***Emergency 000. Any Doctor. Lifeline 13 11 14.**

Written by Tim Barritt. Funded by a caring Barossa Sponsor.