## Suicide Prevention



It's Every Body's Business!

Giving us Hope, Dreams and Happiness.

\*"Somewhere over the rainbow, way up high In the land that I heard of once, once in a lullaby, Somewhere over the rainbow, skies are blue And the dreams that U dare to dream, really do come true!

Someday I'll wish upon a star and wake up Where the clouds are far – behind me, Where troubles melt like lemon drops, Away above the chimney tops, that's where you'll find me..."

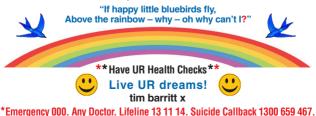
Jeff Kennett once told me 'There is no life without hope'.\*

\*This song, written in 1938 for the Wizard of Oz, is ranked 'Greatest Movie song of all time'. I recently found restored footage on YouTube of Eva Cassidy's stunning 1996 rendition. Sadly she'd had a \*Melanoma removed in 1994, but too late. On Nov 2, 1996, this beautiful, soul-filled, gifted woman died. Aged 33!

While Eva had one \* 'tap on the shoulder', I've had two. So far! My own \*Malignant Melanoma removed in 2009, and a competition squashinduced Heart Attack\* in 2013. Outcome all good, back on court quietly.

Just to show U can take a huge positive out of two huge negatives, these events made me realise how very attached I am to being alive, and just how beautiful life can be. But they also awakened a dream and a very great passion for keeping others alive and healthy too.

If I can make my dreams come true, U CAN 2!



'Emergency 000. Any Doctor. Lifeline 13 11 14. Suicide Callback 1300 659 467 Thanks to all the 'beautiful' Echo crew. You've made me feel so welcome in UR place!